

878 s camino del pueblo • bernalillo, new mexico 87004
www.atmabodhyoga.com • apoovadan@earthlink.net
PHONE 505.867.9222

*“when the body, mind and emotions are in
balance;
the Soul is free to dance”*

SCHEDULE OF CLASSES: *(first class is free)*

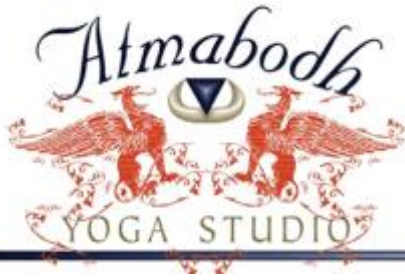
Monday:	5:00 – 6:30PM
Tuesday:	9:00 – 10:30AM
Wednesday:	6:00 – 7:30PM
Thursday:	6:00 – 7:30PM
Friday:	9:00 – 10:30AM

- Private classes offered by appointment
- Come dressed in comfortable clothes and with an empty stomach

FEES: (One free trial class)
\$10 . . . per class

DIRECTIONS:

(On the east side of the street, 5 houses North of the parking lot across from The Range Café. From out of town, exit I-25 @ exit #240, go (west) to the light, turn right (north) on Camino del Pueblo/Rt 313, and we are



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one long block on the right (east side, toward the mountains).