

878 s camino del pueblo • bernalillo, new mexico 87004 www.atmabodhyoga.com • apoovadan@earthlink.net PHONE 505.867.9222

Please note: Advance registration required. Classes limited to 8 people. Call 505-867-0866 to register.

SCHEDULE OF CLASSES: (first class is free)

Monday: 5:00 - 6:30PM

Tuesday: 9:00 – 10:30AM

Wednesday: 5:00 – 6:30PM

Friday: 9:00 - 10:30AM

- Private classes offered by appointment.
- Come dressed in comfortable clothes and with an empty stomach.

FEES: (one free trial class)

\$10 . . . for each class

DIRECTIONS:

(On the east side of the street, 5 houses North of the parking lot across from The Range Café.)

From out of town, exit I-25 @ exit #240, go (west) to the light, turn right (north) on Camino del Pueblo/Rt 313, and we are one long block on the right (east side, towards the mountains).

Also offering "Tibetan Cranial®" work -

not to be confused with Cranio – Sacral work!

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